











A QUICK GUIDE OF THE 10 PHASES OF A TRIAL

PHASE	REFERENCE	SETTING	DAYS	TEMPTATION	GOAL
1. OBEDIENT PREPARATION	GENESIS 13-22	 Builds ark	UNKNOWN	Doubt & worry	Obey & prepare
2. GOING ALL IN	GENESIS 7:1-10	 Preps ark	7	Live in denial, cling to comfort	Actively obey
3. THE TRIAL ITSELF	GENESIS 7:11-17	 The flood	40	Complete despair	Stay safe, sane & alive
4. DISORIENTATION	GENESIS 7:18-24	 Free floats	110	Give in & jump ship	Practice soulcare
5. REGROUPING	GENESIS 8:1-4	 Ark rests	74	Numb & detach	Validate & regain bearings
6. GROWING HOPE	GENESIS 8:5	 Mountaintops seen	40	Paralyze in discouragement and panic	Allow hope & encouragement
7. RESTLESSNESS	GENESIS 8:6-12	 Raven & dove prayers	14 (7, 7)	Manipulate	Remain steadfast
8. CAUTIOUS TRANSITION	GENESIS 8:13	 Dry ground	36	Act in haste	Calculate & prepare for exit
9. RESTRAINT	GENESIS 8:14-17	 God speaks	56	Rely on circumstances	Rely on God for a "go"
10. MOVING FORWARD	GENESIS 8:18-20, 9:20	 Leaves	127,385	Be bitter, resign & live LESS	Worship, rebuild & live MORE